



P R A Y I N G

T H E

B I B L E

D O N A L D S . W H I T N E Y

*Thesis* – Christians do not pray because we are bored praying the same old things about the same old things (11-12).

*Disclaimer* – Praying about the same old things is normal— family, future, finances, work, Christian concern, current crisis (18-19).

*Problem* – Praying the same things *about* the same old things (20-21).

*Solution* – Pray the words of Scripture (especially Psalms) for our concerns (45-54).

*Method* – Line by line, rephrase the words of the Psalms into a prayer back to God until you run out of time or run out of Psalm (29-43).

*Example* – Psalm 23:1-3

23:1 – The Lord is my shepherd, I shall not want.

*Lord you are our shepherd. You are the good shepherd. You know what we need and when we need it. You are our wise protector and provider. We lack nothing because of you. We have your Word to guide us as a body of believers as we grow in maturity and seek your will.*

23:2 – He makes me lie down in green pastures; He leads me beside quiet waters.

*Your provision is of the utmost quality for us. You give us the best. You are a merciful master and allow us to rest when we need it. You have given the gift of sleep to remind us of our need for you.*

23:3 – He restores my soul; He guides me in the paths of righteousness for His name's sake.

*You are the master soul restorer. When the world beats us up, you are there to take care of us. We find our joy and satisfaction in you. You guide us in righteousness and we have Your Word as the standard. You have revealed yourself to us through Your Word and ultimately through the Lord Jesus. All we do is for your glory.*